

VIVO 9>3C@B A ;0:B C;>7>9



VIVO 9>3C@B A ;0:B 0;2 0 A 90 A 2 K A >:8< A >4 5 @ 6 0 = 8 5 < ? @ > 1 8 > B 8 G 5 A : 8 E H B 0 < < > 2 1 0 : B > 1 5 A ? 5 G 8 2 0 N 1 5 3 > 8 E 2 K A > : C N ? @ 8 6 8 2 0 5 < > A B L 8 8 = B 5 = A 8 2 => 5 @ 0 7 < = > 6 5 = 8 5 . @ 5 ? 0 @ 0 B 0 : B 8 2 < 8 : @ > D ; > @ > 9 , 1 ; > : 8 @ C 5 B @ 0 7 < = > 6 5 = 8 5 1 > ; 5 7 = 5 B 2 > @ = K E 1 0 : B 5 @ 8 9 , > : 0 7 K 2 0 5 B B 5 @ 0 ? 5 2 B 8 G 5 A > @ 3 0 = K < 0 ; > 3 > B 0 7 0 8 ? > 2 K H 0 5 B 8 < < C = 8 B 5 B . & 5 = 0 C : 0 7 0 = 0 7 0 1 ? 0 : 5 B 8 : (2 C ? 0 : > 2 : 5 4 ? 0 :)

5 9 B 8 = 3 : 5 B @ 5 9 B 8 = 3 0

& 5 = 0 :

& 5 = 0 A > A : 8 4 : > 9 :
7 0 , 0 0 @ C 1

0 4 0 9 B 5 2 > ? @ > A ? > M B > < C B > 2 0 @ C

? 8 A 0 = 8 5

> 4 @ > 1 = > 5 > ? 8 A 0 = 8 5 ? @ 5 ? 0 @ 0 B 0

0 : 2 0 A : 0 4 ; O 9 > 3 C @ B 0 - V M B G A 8 < 1 8 > B 8 : , C : @ 5 ? ; O N 1 8 9 8 < < C = 8 B 5 B 8 C A B @ 0 = O N 1 8 9 = 0 @ C H 5 = 8 ! > A B 0 2

Lactobacillus bulgaricus, Lactobacillus acidophilus, Lactobacillus delbrueckii ssp. Bulgaricus, L.

! ? > A > 1 K ? @ 8 3 > B > 2 ; 5 = 8 O

; O ? @ 8 3 > B > 2 ; 5 = 8 O : 0 G 5 C B 0 2 B = V I V O , B G A B @ > C 4 F 3 0 A : 3 5 B @ A 4 E ; B D > 2 0 = 8 5 ; N 1 > 9 < 5 B 0 ; ; 8 G 5 A : > 9 8

; O 4 > A B 8 6 5 = 8 O 1 K A B @ > 3 > M D D 5 : B 0 A 8 < 1 8 > B 8 : V I V O A ; 5 4 C 5 B C ? > B @ 5 1 ; O B L : C @ A > < 7 - 2 0 4 = 5

\$ > @ < 0 2 K ? C A : 0

> 3 C @ B V I V O : C ? 8 B L < > 6 = > 2 D 0 1 @ 8 G = > 9 : 0 @ B > == > 9 : > @ > 1 : 5 (4 ? 0 : . ? > 0 , 5 3) 8 ; 8 ? > H B C G ==

! @ >: 3 > 4 => A B 8 8 C A ; > 2 8 O E @ 0 = 5 = 8 O

% @ 0 = 8 B L A ; 5 4 C 5 B ? @ 8 t - 1 2 - 1 8 ° ! - 1 , 5 3 > 4 0 , ? @ 8 t - 2 + 8 ° ! - 1 3 > 4 .